

NORTH EASTERN TASMANIA FIELD NATURALISTS CLUB INC.

MEMBER GUIDELINES

Responsibilities of Activity Participants

Notify the leader of your intention to take part in the activity no later than the preceding evening.

Raise any queries with the leader at the earliest opportunity.

Consider your personal abilities and fitness when deciding whether to participate in an activity. Leaders will do their best to keep the pace comfortable consistent with achieving the planned activity, but they also rely on individuals being realistic about how well-suited they are to the demands of the activity.

Remember to notify the activity leader promptly if you have put your name on the list then decide not to go.

Arrive promptly at the meeting point and be ready to leave at the advertised time.

Before the activity begins ensure the leader is aware of any medical conditions (eg asthma, epilepsy, allergies) that you may have and which would be important to know if first aid is required.

Ensure that you have brought food, drinks, clothing, footwear and equipment appropriate to the planned activity.

Ensure that you enter your details and sign the activity record sheet prior to commencement of the activity. Leaders will use the record sheet to regularly check that all participants are still with the group.

During the activity/walk

- do not vary from the leader's route without first obtaining permission from the leader
- keep checking on the person behind you to ensure they are not falling behind
- remain in a group and wait for slower walkers at regular intervals
- observe minimal impact bushwalking (MIB) practices
- follow the directions of the leader

Grading System

The Club Program identifies future activities. Included in the information for each activity will be a "grading". The grading system assigns to each activity a 'degree of difficulty' rating and a 'length/duration' rating. These ratings are a guide only. They are not definitive descriptions as the difficulty or duration may change according to weather conditions, track deterioration, group characteristics and so on.

- Easy: Mostly on track/indoors. Generally scrub and scree free.
- Medium: Mainly moderate to rough tracks, with possible scrub and scree, limited off track.
- Hard: Rough, scrubby, mostly off track, navigation required.
- Short: Less than 4 hours
- Intermediate: 4 to 6 hours.
- Long: 6 to 10 hours, sometimes longer.